



AUSTRALIA AND NEW ZEALAND MORAL INJURY CONFERENCE

ANZMIC 2026

MORAL INJURY · FROM RECOGNITION TO RECOVERY

21-22 MAY 2026 · HOTEL GRAND CHANCELLOR, LAUNCESTON

We've put together a selection of our favourite restaurants. Launceston is going to be very busy with interstate visitors during the time of ANZMIC. If you want to enjoy a meal with your colleagues, we suggest you make a booking early.

Double-check the review sites to make sure you agree with our recommendations.

Premium / Special Occasion Dining

Stillwater Restaurant, 2 Bridge Rd, Launceston, +61 3 6331 4153

Iconic Tasmanian produce-driven restaurant

<http://www.stillwater.net.au/>

Mudbar Restaurant, 28 Seaport Blvd, Launceston, +61 3 6334 5066

Waterfront dining; ideal for business dinners

<https://www.mudbar.com.au/>

Black Cow Bistro, 70 George St, Launceston, +61 3 6331 9333

Premium steak and local produce

<http://www.blackcowbistro.com.au/>

Cataract on Paterson, 135 Paterson St, Launceston, +61 3 6331 4446

Reliable modern Australian; good for groups

<https://www.cataractonpaterson.com.au/>

Contemporary / Trendy Local Favourites

Luz Restaurant, 61 Cameron St Launceston, +61 472 585 277

Intimate, high-end dining

<http://www.luzrestaurant.com.au/>

Tres Restaurant, Shop 2/126 Charles St Launceston, +61 492 072 983

Modern share plates; vibrant atmosphere

<http://www.tresrestaurant.com.au/>

Kawan Dining, 138 Charles St Launceston, +61 402 097 388

Asian fusion; consistently strong reviews

<http://kawandining.com.au/>

Brisbane Street Bistro, 24 Brisbane Street Launceston, +61 3 6333 0888

French-style bistro favourite

<http://brisbanestreetbistro.com/>

Casual but Excellent

Rupert & Hound, 30 Seaport Blvd Launceston, +61 3 6331 7197

Relaxed waterfront dining

<http://www.rupertandhound.com.au/>

Levee Food Company, 27 Seaport Blvd Launceston, +61 3 6334 7011

Modern casual; good for delegates

<https://www.leveefoodco.com.au/>

Jailhouse Grill, 32 Wellington Street Launceston, +61 3 6331 0466

Steakhouse in historic jail

<http://www.jailhousegrill.com.au/>

Me Wah Restaurant, 39–41 Invermay Rd Launceston, +61 3 6331 1308

Highly regarded Chinese dining

<http://www.mewah.com.au/>